



COVID-19 Daily Update **June 4, 2021**

New or updated information is in red and bold

**Starting next week, the Vermont COVID-19 Update will be issued on Tuesdays and Thursdays
The next Update will be June 8**

This update is available online at healthvermont.gov/covid19

Click the “See the Daily Update” button

Be ready for summer by getting vaccinated this weekend!

With dozens of new walk-in clinics available this weekend, now is the perfect time to keep yourself safe and healthy for the summer (and beyond!) — by getting vaccinated.

There are hundreds of clinics around the state. You can even get your vaccine in many of the places you might already be going to this weekend — including Jazz Fest in Burlington, Capital City Farmer’s Market in Montpelier, the Wilmington Antique and Flea Market, and many state parks.

So, if you know someone who is not vaccinated, invite them to go with you, or help spread the word. Getting vaccinated is free and easy! Get more details on these clinics and more by visiting healthvermont.gov/MyVaccine.

Most pharmacies around the state are also offering walk-in vaccinations. Ask your local pharmacist today or simply walk into a CVS, Hannaford Food and Drug, Walmart, Walgreens, Price Chopper/Market 32, Rite Aid, Shaw’s Supermarket, or Costco.

As a trusted messenger to your family and friends, you can play a role in their decision to vaccinate. Here are [tips on how to talk about the vaccine](#).

Stay cool in the heat

Summertime heat is expected this weekend and into early next week with high temperatures in the 80s and 90s.

During hot weather, your body's temperature control systems can have a hard time keeping up, and your temperature can get dangerously high. So, whether you plan or work or play outdoors, it's important to start slowly, drink more fluids than usual and take extra breaks in the shade or cool indoor locations.

Read our press release for what you can do to [Stay Cool, Stay Hydrated, Stay Informed](#)

Stay safe in the water

With temperatures rising, many Vermonters will be seeking out the sweet relief of a cooling dip at their local swimming hole.

While swimming holes offer wonderful recreational opportunities, swimming at an unmanaged location comes with risks.

Heavy rainfalls can create potentially dangerous conditions in swim holes, streams, rivers, and waterfalls. These conditions of high water or strong undercurrents can linger several days after a storm. Stay aware of rapidly changing weather conditions. Check the [weather forecast](#) and watch for signs of change such as sudden storm clouds and high winds.

Take care to avoid what you can't see: Be aware of and avoid drop-offs and hidden underwater obstacles in natural water sites. Do not dive into water, and always enter water feet-first.

Early June surface water temperatures on Lake Champlain and other bodies of water are typically only in the lower 50s, and immersion in cold water – whether on purpose or by accident – can become life threatening very quickly.

If you are on the water, ALWAYS wear a life vest. If you accidentally end up in the water, wearing one will keep you afloat, allowing more time for rescuers to arrive.

Good decision-making, and a little bit of planning, can often avert a tragedy.

See our [tips for safely enjoying Vermont's waters this summer!](#)

Reminder: Schedule changing for Vermont Dashboard data updates

As COVID-19 activity decreases in Vermont and the Health Department streamlines its COVID-19 data reporting, the [Vermont Dashboard](#) will now be updated Monday through Friday only. Data from Saturday and Sunday will be included when the dashboard is updated on Mondays.

... And for this COVID-19 Daily Update too!

This newsletter – the COVID-19 Daily Update – moves to twice weekly starting next week. The “COVID-19 Update” will be issued on Tuesdays and Thursdays, beginning on June 8.

You can still find all the information you need on our website, healthvermont.gov, including:

- [COVID-19 activity](#)
- [Vaccination information and data](#)
- [Frequently Asked Questions](#)

You can also sign up for [the COVID-19 Weekly Email Update](#), access news releases [on our website](#), and stay up to date on social media [@healthvermont](#).

Members of the media will continue to be informed through news releases and can continue to send COVID-related inquiries to CV19media@vermont.gov.

Thank you for staying informed throughout this response!

Vermont Forward Vaccination Data

As of 12 p.m. on June 4, 2021

Note: This data is used to measure progress toward the [Vermont Forward](#) goal of 80% of eligible Vermonters vaccinated. When that point is reached, state COVID-19 restrictions will be lifted. Data is reported by the CDC and adjusted for duplicate reporting.

Description	Number
Percent of eligible Vermonters (12+) with at least one vaccine dose	78.6%
Number of Vermonters needed to reach goal	7,878

Find Health Department vaccine data, including vaccination rates by county, age, sex, race and ethnicity, at the COVID-19 Vaccine Dashboard: healthvermont.gov/covid19-vaccine-data.

COVID-19 Activity in Vermont

As of 12 p.m. on June 4, 2021

Data is updated daily.

Description	Number
New cases	12 (24,252 total)
Currently hospitalized	1
Hospitalized in ICU	0
Hospitalized under investigation	0
Percent Positive (7-day average)	0.8%
People tested	395,047

Total tests	1,701,291
Total people recovered	23,256
Deaths	256

Find more data on COVID-19 Activity at: healthvermont.gov/currentactivity.

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