



COVID-19 Daily Update **April 30, 2021**

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19
Click the “See the Daily Update” button

Vermont eases outdoor mask requirements, moves to Step 2 of Vermont Forward Plan

Governor Phil Scott announced today that as of May 1, masks will only be required outdoors in situations where a 6-foot distance cannot be maintained.

Health Commissioner Mark Levine, MD, said this change is based on science that shows the risk of transmission when outdoors is very small.

“This is why, now when you’re outdoors, masks will only be required when you’re in a crowd or with multiple households, where you can’t keep a 6-foot distance from others,” Dr. Levine said. “This is regardless of whether you are vaccinated or not.”

Examples of when you do not need a mask include: if you’re outside on a run, your family is on a hike or out for biking, your kids are having an outdoor playdate, you’re on the sidelines watching a baseball game or heading to the beach with plenty of space around you.

“But, as before, if any of your activities turn into a crowded situation, have your mask with you in case you need it,” Dr. Levine said.

He suggested Vermonters can decide whether they need a mask by considering three elements:

- **Outside**
- **Masked**
- **Distanced**

“You need two of these three elements. For example – if you’re outside and distanced, you don’t need a mask. If you’re outside and not distanced, wear a mask. And if you’re not outside, you should wear a mask and keep a distance,” he said.

The Governor also announced that May 1 will mark the start of Phase 2 of the [Vermont Forward Plan](#), which moves additional business sectors to [universal guidance](#).

This next phase also sets new limits on gatherings, including social gatherings at a private residence and events at a venue. For indoor gatherings, there can be one unvaccinated person per 100 square feet up to 150 unvaccinated people (whichever is less), plus any number of fully vaccinated people. For outdoor gatherings, there can be 300 unvaccinated people, plus any number of fully vaccinated people.

Franklin and Grand Isle County residents – walk-ins are available at a clinic near you!

Get vaccinated with no appointment needed! Several COVID-19 vaccine clinics in Franklin and Grand Isle counties will allow walk-ins for Pfizer vaccine TOMORROW (Saturday, May 1).

Walk-in clinics May 1 include:

- 1:00 – 3:00 p.m., Congress and Main, 97 North Main St., St. Albans (50 spots)
- 11:00 a.m. – 6:00 p.m., Collins Perley Sports and Fitness Center, 890 Fairfax Rd, St. Albans (75 spots)
- 10:00 - 11:30 a.m., Grand Isle Fire and Rescue, 17 Hyde Rd., Grand Isle (25 spots)

Appointments are also available for the following clinics. Visit healthvermont.gov/MyVaccine to register:

- May 3 at Fairfax Rescue Station
- May 4 at Congress and Main, St. Albans
- May 4 at the Collins Perley Sports and Fitness Center

Vaccine appointments are also available across the state for all Vermonters 16 and older, so if you haven't yet made yours, sign up today! If you later book a vaccination that's more convenient for you, please be sure to cancel the original appointment.

Visit healthvermont.gov/MyVaccine to make an appointment through the state registration system or a pharmacy. If you can't make an appointment online or need help, contact the call center at 855-722-7878.

Vermont honors Abenaki culture, history and heritage next week

May 1st kicks off Vermont Abenaki Recognition and Heritage Week (ARHW), in which we honor Abenaki culture, history, storytelling and collective wisdom.

Wholeness is an essential part of overall health and wellness, and honoring our ancestors, traditions, land, and shared stories is essential to creating whole communities.

Join us in learning more about Indigenous health equity and the impact of connection to traditions and homeland: <https://www.alnobaiwi.org/blog/indigenous-health-equity>

Whether you traveled or have symptoms, COVID-19 testing is available

Remember, if you are unvaccinated (including children) and traveled outside the state, you must have a COVID-19 test within 3 days of returning to Vermont. For more details, visit [our website](#).

And if you have any [symptom](#), no matter how mild, such as a headache, cough, fatigue or a runny nose, it's best to get tested. It's also important to avoid going to work, school or other places until you receive a negative result. COVID-19 is a highly transmissible virus, and this is how we can each protect our loved ones and our communities.

If you have symptoms, talk to your health care provider. They can refer you for testing.

Even if you don't have symptoms, you can still have COVID-19 and not feel sick. If you don't have symptoms and want to get tested, there are [many test sites](#) now available around the state. It's free and easy!

COVID-19 Activity in Vermont

As of 12 p.m. on April 30, 2021

Data is updated daily.

Description	Number
New cases	124 (22,952 total)
Currently hospitalized	17
Hospitalized in ICU	5
Hospitalized under investigation	3
Percent Positive (7-day average)	1%
People tested	380,659
Total tests	1,577,184
Total people recovered	20,186
Deaths	246

Find more data on COVID-19 Activity at: healthvermont.gov/currentactivity.

COVID-19 Vaccine Data

As of 12 p.m. on April 30, 2021

Data is updated Tuesdays through Saturdays.

Description	Number
Total people who have received least one dose of vaccine	335,587 (61.4% of 16+ population)
Total people who have completed vaccination	233,641 (42.7% of 16+ population)

Find more vaccine data on the COVID-19 Vaccine Dashboard: healthvermont.gov/covid19-vaccine-data.

Additional Resources About Vaccination and More

- Find answers to your questions about the COVID-19 vaccine from the CDC: www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html.
- Get Vermont-specific information in our [Frequently Asked Questions](#).
- Sign up for [the COVID-19 Weekly Email Update](#).
- Find information sheets, posters and toolkits, as well as translated materials on our [Resources web page](#).

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