



COVID-19 Daily Update **May 4, 2021**

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19
Click the “See the Daily Update” button

Encourage anyone who’s not yet vaccinated to get their shot, Dr. Levine urges

Health Commissioner Mark Levine, MD, encouraged anyone who has not yet gotten the COVID-19 vaccine to join the more than 350,000 Vermonters who have been vaccinated so far.

“Especially younger Vermonters who waited patiently as we first protected those who were older and high risk, I want you to know: it’s your turn now. Your shot is waiting for you,” Dr. Levine said.

Even people who are already vaccinated have a role to play, by helping others along their path to vaccination. That could mean finding their own personal reason to get vaccinated, or literally, by giving them a ride to a clinic, he said.

“So, if you haven’t yet, I ask you now to reach out to someone in your life, especially if they are younger, who may not be vaccinated, whether you’re a parent or grandparent, aunt or uncle, or a friend,” Dr. Levine said. “Share your own experience and see what you might be able to do to help. Your influence likely means more than you know.”

Meanwhile, Vermont continues its efforts make getting vaccinated as easy as possible – with clinics, drive-throughs, walk-ins and other opportunities at colleges and communities throughout the state.

“No matter what – there will be an option for everyone,” Dr. Levine added. “Vermonters have already told us that they are willing to get vaccinated. And Vermont’s standing as a leader in getting people vaccinated proves this to be true. We just need to help get those who are currently unvaccinated to the finish line faster.”

Watch our [@healthvermont social media](#) feeds or check our website for additional opportunities near you or near someone you know! Then, share away! Thanks for helping spread the word.

Vaccine appointments are also available across the state for all Vermonters 16 and older, so if you haven't yet made yours, sign up today! If you later book a vaccination that's more convenient for you, please be sure to cancel the original appointment.

Visit healthvermont.gov/MyVaccine to make an appointment through the state registration system or a pharmacy. If you can't make an appointment online or need help, contact the call center at 855-722-7878.

Walk-in COVID-19 vaccine clinics start today in Essex Junction

Regular walk-in clinic opportunities in Essex Junction start today! Get a vaccine without an appointment: Monday - Friday from 9:00 a.m. - 12:00 p.m. and 1:00 p.m. - 3:30 p.m. at the Essex Fairgrounds, 105 Pearl Street, Essex Junction. There are 150 total spots each day for dose one of the Pfizer vaccine.

Vermont now has new outdoor mask and gathering requirements

As of May 1, when you are outdoors, masks are only required when you're in a crowd or with multiple households where you can't keep a 6-foot distance from others. Masks are still required in indoor public spaces. This guidance applies whether you are vaccinated or not.

Get more details about mask requirements [in our FAQ](#).

As May 1, there are also new limits on gatherings, including social gatherings at a private residence and events at a venue. For indoor gatherings, there can be one unvaccinated person per 100 square feet up to 150 unvaccinated people (whichever is less), plus any number of fully vaccinated people. For outdoor gatherings, there can be 300 unvaccinated people, plus any number of fully vaccinated people.

Get more details about gatherings [in our FAQ](#).

Whether you traveled or have symptoms, COVID-19 testing is available

Remember, if you are unvaccinated (including children) and traveled outside the state, you must have a COVID-19 test within 3 days of returning to Vermont. For more details, visit [our website](#).

And if you have any [symptom](#), no matter how mild, such as a headache, cough, fatigue or a runny nose, it's best to get tested. It's also important to avoid going to work, school or other places until you receive a negative result. COVID-19 is a highly transmissible virus, and this is how we can each protect our loved ones and our communities.

If you have symptoms, talk to your health care provider. They can refer you for testing.

Even if you don't have symptoms, you can still have COVID-19 and not feel sick. If you don't have symptoms and want to get tested, there are [many test sites](#) now available around the state. It's free and easy!

COVID-19 Activity in Vermont

As of 12 p.m. on May 4, 2021

Data is updated daily.

Description	Number
New cases	34 (23,191 total)
Currently hospitalized	17
Hospitalized in ICU	6
Hospitalized under investigation	2
Percent Positive (7-day average)	1.1%
People tested	382,403
Total tests	1,594,026
Total people recovered	20,732
Deaths	248

Find more data on COVID-19 Activity at: healthvermont.gov/currentactivity.

COVID-19 Vaccine Data

As of 12 p.m. on May 4, 2021

Data is updated Tuesdays through Saturdays.

Description	Number
Total people who have received least one dose of vaccine	351,369 (64.3% of 16+ population)
Total people who have completed vaccination	247,336 (45.3% of 16+ population)

Find more vaccine data on the COVID-19 Vaccine Dashboard: healthvermont.gov/covid19-vaccine-data.

Additional Resources About Vaccination and More

- Find answers to your questions about the COVID-19 vaccine from the CDC: www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html.
- Get Vermont-specific information in our [Frequently Asked Questions](#).
- Sign up for [the COVID-19 Weekly Email Update](#).
- Find information sheets, posters and toolkits, as well as translated materials on our [Resources web page](#).

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