



Daily Update on Novel Coronavirus (COVID-19) **January 19, 2021**

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19

Click the “See the Latest Update” button

Please visit the Vermont Department of Health’s COVID-19 web and data pages

healthvermont.gov/covid19

Vermont’s vaccination plans based on limited, unpredictable federal supply

Governor Phil Scott said at Tuesday’s press conference that Vermont continues to plan its COVID-19 vaccination efforts around a limited and unpredictable supply of vaccine from the federal government.

Currently, health care workers and long-term care facility residents can receive the vaccine – What’s been called Phase 1A. Beginning next week on January 25, Vermonters who are age 75 and older will be able to make an appointment to be vaccinated. Officials will announce details on how to make an appointment in the coming days.

Those eligible for the vaccine will expand by age grouping, and then, after the age groups, by certain high-risk medical conditions.

Gov. Scott addressed comparisons of Vermont’s plans with those in other parts of the country.

“It’s true that some states have started with broader eligibility than ours,” Gov. Scott said. “The problem is, without the supply, they’re not going to be able to vaccinate any more people – just create more frustration and confusion.”

“Overpromising is not the answer,” he added. “The logical approach is to manage the supply of the vaccine we’re receiving. And if we’re allotted more, we’ll scale up, which we hope is the case.”

In the meantime, Health Commissioner Mark Levine, MD, again reminded Vermonters they will be informed when, where and how they will get vaccinated. “Please help us by not calling or sending emails until we provide all the details,” he said.

Stay up to date about [COVID-19 vaccination in Vermont](#), including who can get the vaccine now and who will be eligible next. Check back often, we update this page regularly. Get more data about vaccinations by race, ethnicity, age and sex on our [Vaccine Dashboard](#).

Keep up Prevention and Testing

While we wait for vaccine to become more widely available to Vermonters, we must keep up our [prevention practices](#), including physical distancing, mask-wearing, handwashing and staying home when we’re sick.

You can also help prevent the spread of COVID-19 by getting tested. If you want to get tested for COVID-19 and have no symptoms, you can visit a location near you. There are now more than 15 regular locations throughout the state, and more of them are now open daily. Many sites now allow you to take a sample yourself, using a short swab in your nose. It’s quick, easy and free.

Register for a test by visiting healthvermont.gov/covid19testing. (You will need to create an account to register.)

If you have [symptoms](#) of COVID-19, please contact your health care provider so they can refer you for testing. If you don’t have a provider, you can call 2-1-1.

New on healthvermont.gov

Recently, the percent of people with COVID-19 who are associated with an outbreak has been lower than average, while the percent of people who had contact with another case has been higher than average. Learn more about how people are getting COVID-19 and what it means in the latest [Weekly Data Summary Spotlight](#).

Case Information

Current COVID-19 Activity in Vermont

As of 12 p.m. on January 19, 2021

Description	Number
New cases*	102 (10,321 total)
Currently hospitalized	40
Hospitalized in ICU	5
Hospitalized under investigation	3
Percent Positive (7-day average)	2.6%
People tested	290,393

Total tests	813,355
Total people recovered	6,925
Deaths+	163
Travelers monitored	174
Contacts monitored	234
People completed monitoring	12,357

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more data at: healthvermont.gov/currentactivity.

Guidance for Vermonters and Businesses

- Health information, guidance and data: healthvermont.gov/covid19
- Sector guidance: accd.vermont.gov/covid-19
- Modeling: dfr.vermont.gov/about-us/covid-19/modeling
- Governor's actions: governor.vermont.gov/covid19response

Get the information you need at our [Frequently Asked Questions](#).

School & Child Care Guidance

- **Strong and Healthy Start:** [Safety and Health Guidance for Vermont Schools](#)
- **Mental Health:** [A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19](#)
- **Child care:** [Health Guidance for Child Care and Out of School Care](#)

More resources on the [Your Community web page](#).

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.
- For more information visit healthvermont.gov/suicide.
- Visit our [Coping With Stress](#) web page.
- Get connected to Alcohol and Drug Support Services at [VT Helplink](#).
- Get self-help tips and connect to mental health services at [COVID Support VT](#).

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Media Contact: CV19media@vermont.gov

Information for the public can be found at <https://healthvermont.gov/covid19>.