



Daily Update on Novel Coronavirus (COVID-19) January 14, 2021

New or updated information is in red and bold

This update is available online at healthvermont.gov/covid19
Click the “See the Latest Update” button

Please visit the Vermont Department of Health’s COVID-19 web and data pages
healthvermont.gov/covid19

Get COVID-19 vaccine data and information

More than 28,000 people have now received the COVID-19 vaccine in Vermont, including 4,092 of whom have received both doses. Get more data about vaccinations by race, ethnicity, age and sex on our [Vaccine Dashboard](#).

Stay up to date about [COVID-19 vaccination in Vermont](#), including who can get the vaccine now and who will be eligible next. Check back often, we update this page regularly.

And Keep the Virus at Bay

While we wait for vaccine to become more widely available to Vermonters, we must keep up our [prevention practices](#), including physical distancing, mask-wearing, handwashing and staying home when we’re sick.

You can also help prevent the spread of COVID-19 by getting tested. If you want to get tested for COVID-19 and have no symptoms, you can visit a location near you. There are now more than 15 regular locations throughout the state, and more of them are now open daily. Many sites now allow you to take a sample yourself, using a short swab in your nose. It’s quick, easy and free.

Register for a test by visiting healthvermont.gov/covid19testing. (You will need to create an account to register.)

If you have [symptoms](#) of COVID-19, please contact your health care provider so they can refer you for testing. If you don’t have a provider, you can call 2-1-1.

Have You Gotten the COVID-19 Vaccine? Share Your News With Others!

Encouraging others to get the COVID-19 vaccine means moving towards a healthier Vermont. If you're planning to get the shot, share your vaccine photo on social media captioned with your reason why. Be sure to include the hashtag #OurShotVT.

Case Information

Current COVID-19 Activity in Vermont
As of 12 p.m. on January 14, 2021

Description	Number
New cases*	197 (9,573 total)
Currently hospitalized	44
Hospitalized in ICU	8
Hospitalized under investigation	1
Percent Positive (7-day average)	2.9%
People tested	282,517
Total tests	779,178
Total people recovered	6,403
Deaths+	162
Travelers monitored	173
Contacts monitored	189
People completed monitoring	12,238

* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more data at: healthvermont.gov/currentactivity.

Guidance for Vermonters and Businesses

- Health information, guidance and data: healthvermont.gov/covid19
- Sector guidance: accd.vermont.gov/covid-19
- Modeling: dfr.vermont.gov/about-us/covid-19/modeling
- Governor's actions: governor.vermont.gov/covid19response

Get the information you need at our [Frequently Asked Questions](#).

School & Child Care Guidance

- **Strong and Healthy Start:** [Safety and Health Guidance for Vermont Schools](#)
- **Mental Health:** [A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19](#)
- **Child care:** [Health Guidance for Child Care and Out of School Care](#)

More resources on the [Your Community web page](#).

Take Care of Your Emotional and Mental Health

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.
- For more information visit healthvermont.gov/suicide.
- Visit our [Coping With Stress](#) web page.
- Get connected to Alcohol and Drug Support Services at [VT Helplink](#).
- Get self-help tips and connect to mental health services at [COVID Support VT](#).

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Information for the public can be found at <https://healthvermont.gov/covid19>.