



## Daily Update on Novel Coronavirus (COVID-19) January 4, 2021

New or updated information is in red and bold

This update is available online at [healthvermont.gov/covid19](https://healthvermont.gov/covid19)  
Click the “See the Latest Update” button

Please visit the Vermont Department of Health’s COVID-19 web and data pages  
[healthvermont.gov/covid19](https://healthvermont.gov/covid19)

### **COVID-19 Vaccine Dashboard – New Schedule for Updates**

You can get more up-to-date information on the [COVID-19 Vaccine Dashboard](#) starting tomorrow. This week, it will be updated on Tuesday and on Friday, and beginning the following week it will be updated daily.

The dashboard provides the number of people who have been vaccinated and the total doses administered. See data by county, age, race/ethnicity and sex. Read the notes below the dashboard to learn more.

If you’re looking for more information about COVID-19 vaccines in Vermont, visit [healthvermont.gov/covid19-vaccines](https://healthvermont.gov/covid19-vaccines). Check back often, as we regularly update this web page.

### **New on [healthvermont.gov](https://healthvermont.gov)**

New to our [COVID-19 Resources page](#): Find links to national and other publications Vermont Department of Health scientists and experts have authored or contributed to – such as the Morbidity and Mortality Weekly Report “[COVID-19 in a Correctional Facility Employee Following Multiple Brief Exposures to Persons with COVID-19.](#)” CDC officials cited the investigation findings when it updated the definition of what is considered to be a [close contact](#) in October.

**Probable Cases:** As of January 4, the number of COVID-19 deaths in Vermont now includes deaths among people who were considered probable cases since September 6, 2020. The impact on the total death count is minimal. Four probable deaths have been identified since September 6.

A death among a probable case is a person who:

- meets the [probable case definition](#) and has COVID-19 listed as a cause or contributing condition on their death certificate or
- has COVID-19 listed as a cause or contributing condition on their death certificate.

## Case Information

Current COVID-19 Activity in Vermont

As of 12 p.m. on January 4, 2021

Description	Number
New cases*	78 (7,873 total)
Currently hospitalized	36
Hospitalized in ICU	4
Hospitalized under investigation	5
Percent Positive (7-day average)	2.9%
People tested	267,533
Total tests	712,861
Total people recovered	5,361
Deaths+	144
Travelers monitored	310
Contacts monitored	201
People completed monitoring	11,867

\* Includes testing conducted at the Health Department Laboratory, commercial labs and other public health labs.

+ Death occurring in persons known to have COVID-19. Death certificate may be pending.

Hospitalization data is provided by the Vermont Healthcare Emergency Preparedness Coalition and is based on hospitals updating this information.

Find more data at: [healthvermont.gov/currentactivity](https://healthvermont.gov/currentactivity).

## Guidance for Vermonters and Businesses

- Health information, guidance and data: [healthvermont.gov/covid19](https://healthvermont.gov/covid19)
- Sector guidance: [accd.vermont.gov/covid-19](https://accd.vermont.gov/covid-19)
- Modeling: [dfr.vermont.gov/about-us/covid-19/modeling](https://dfr.vermont.gov/about-us/covid-19/modeling)
- Governor's actions: [governor.vermont.gov/covid19response](https://governor.vermont.gov/covid19response)

Get the information you need at our [Frequently Asked Questions](#).

## **School & Child Care Guidance**

- **Strong and Healthy Start:** [Safety and Health Guidance for Vermont Schools](#)
- **Mental Health:** [A Strong and Healthy Start: Social, Emotional and Mental Health Supports During COVID-19](#)
- **Child care:** [Health Guidance for Child Care and Out of School Care](#)

More resources on the [Your Community web page](#).

## **Take Care of Your Emotional and Mental Health**

If you or someone you know is in crisis or needs emotional support, help is available 24/7:

- Call your [local mental health crisis line](#).
- Text VT to 741741 to talk with someone at the [Crisis Text Line](#).
- Call the [National Suicide Prevention Lifeline](#) at 1-800-273-8255.
- For more information visit [healthvermont.gov/suicide](http://healthvermont.gov/suicide).
- Visit our [Coping With Stress](#) web page.
- Get connected to Alcohol and Drug Support Services at [VT Helplink](#).
- Get self-help tips and connect to mental health services at [COVID Support VT](#).

## **Food resources**

If your financial situation has recently changed, you may now qualify for Vermont nutrition and food programs, including WIC program (Women, Infants and Children) and 3SquaresVT/SNAP. Contact the [Health Department](#), [Hunger Free Vermont](#), or call 2-1-1 for more information.

## **Find Opportunities to Support the COVID-19 Response**

Vermonters can now step up and help with the COVID-19 response in long-term care facilities and other areas. Visit [www.vermont.gov/covid-staffing](http://www.vermont.gov/covid-staffing) for more information.

## **Stay Informed with VT-ALERT**

Stay up to date on the latest COVID guidance and information by visiting [www.vtalert.gov](http://www.vtalert.gov) and registering or updating your account. Select the alerts you would like to receive (COVID information is listed under “Health Alerts”). Notifications are available via email, text, phone and the Everbridge mobile app.

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**Media Contact:** [CV19media@vermont.gov](mailto:CV19media@vermont.gov)

Information for the public can be found at <https://healthvermont.gov/covid19>.